



A 2021 APPRECIATION LIST

Some ponderings, gratitude offerings, chuckles, words of appreciation and hope in a pandemic. Informative and hopeful words that may spark or trigger a thought, a whim, a dream, or a motivation.

Strictly Gratitude: no gripeing or grimacing -What Are You Grateful For?

For my wife, my family, and dear ones in my life who are friends and more
For keeping healthy and relatively sane
For staying connected through Zoom, social media, and the phone
For all of my readers and followers on www.karlrobb.com
For the little things that aren't so little
For a sunny day
For the amazing 11 years my Chocolate Lab pup, Lily gave me
For the hope still in me
For what may be

Still Doing What I Enjoy—Keep Doing What You Enjoy

Writing
Doodling
Photography
Blogging
Boxing on Zoom
Trying to stay mobile
Trying to learn new tools
Expanding the website
Getting better with social media

Messages for 2021 and beyond!

Helping others helps our own spirit
Compassion in everything
Kindness is the best contagion
Gratitude, Gratitude, Gratitude

The New Year Ponderings for 2021

What do you hope for in 2021?
How will you excel from 2020?
What are you grateful for?
Will you stay active on Zoom?
How will you grow and flourish in the new year?
Learn a new instrument?
Try a new language?
Create a wonderful piece of art?
Reconnect with an old friend or relative?
Help out a favorite charity or shelter?
Save a homeless dog or cat?